

BEAMS Program Descriptions

SESSION Five ~ April 29, 2024 - June 7, 2024

Please complete this form and return it to your advisor or the main office. If you have any questions, please contact BEAMS Co-Directors Nick Yialiades & Paula Starkweather at (802) 451-3588 or nyialiades@wsesdvt.org / pstarkweather@wsesdvt.org.

MONDAY PROGRAM OPTIONS:	
Chinese Cooking 101 With Ms. Gao	Do you love the taste of Chinese food? Wish you could stay at home and make it yourself? We will learn how to cook Chinese food with the most basic ingredients and simple methods.
Badminton With Ms. Mazur	Join our badminton club for an exhilarating experience that combines skill, strategy, and a whole lot of fun! Whether you're a seasoned player or just picking up a racket for the first time, we welcome all skill levels. Come smash, drop, and rally with fellow badminton enthusiasts as we foster a friendly community of players passionate about the fast-paced and exciting sport.
Magic, the Gathering With Mr. Patterson	Come learn, teach and challenge your peers to a game of Magic, the Gathering. Cast epic spells and battle fantastic creatures using a deck of cards you build yourselves. All levels of skills are welcome. Students are encouraged to bring their own set of cards and dice; however, we have a growing selection to share to start your own adventure. Visit deckbox.org/sets/3504678 to browse our collection.
Come Fly With Me with Ms. Henderson	Each week we will explore a different mode of flight. From paper helicopters to paper airplanes, hot air balloons, and even water bottle rockets, join Mrs. Henderson in our quest to better understand the phenomenon of flight.

TUESDAY PROGRAM OPTIONS:	
Animation Lab with Ms. Mazur	Join us as we bring our imaginations to life, one frame at a time, through innovative storytelling and hands-on and digital animation techniques.
Dungeons & Dragons with Mr. Manton	Come join us in using your imagination as we venture through foreboding forests and dark dungeons, combating the ferocious beasts and mysteries that lie within... all at the roll of the dice! All levels of experience are welcome to join.
Homework Club with Ms. Manton	Struggling with a project for school? Have a class that's stumping you? Need an extra boost in addition to Extensions? Come to Homework Club for some structured time and assistance as you accomplish your tasks.

BEAMS Session 4 ~ Sign-Up Form

TUESDAY PROGRAM OPTIONS (CONTINUED):

BEAMS Picnic with Mr. Yialiades and Ms. Starkweather	Spring is upon us. Do you enjoy a great picnic? We will show you how to create some great tasting food to pack in your picnic basket. You will spend three weeks learning how to prepare side dishes and three weeks learning how to cook on the grill. You can show off your new skills to family and friends this summer.
--	---

WEDNESDAY PROGRAM OPTIONS:

Mario Kart With Ms. Fuoroli	Do you think you are a Mario Kart master? Can you beat Ms. F in order to become the overall Mario Kart champion? Join us for 6 weeks of Mario Kart Madness while we play to see who will become the ultimate BAMS Mario Kart Champ!
Plant Detectives Club with Ms. Mazur	Welcome to the Plant Detectives Association! Our club is dedicated to exploring the fascinating world of plants through plant identification, herbalism, and phytochemistry. Whether you're passionate about identifying local plants, learning about the medicinal properties of plants, our club offers a vibrant community of like-minded individuals eager to expand their knowledge and appreciation of the botanical world. Join us as we embark on exciting adventures in the magical world of plants.
Ropes Course with Ms. Petrie and Mr. Betz	Do you like to climb trees? Do you like to watch your friends climb trees? The WSESU Ropes Course is a hidden gem behind Natowich Field. It has five low elements and 7 high elements. Learn how to safely play 20-40 feet in the trees! You'll learn knots, become familiar with climbing equipment and also learn to belay.

THURSDAY PROGRAM OPTIONS:

Into the Woods with Ms. Roebuck	Spring is the best time to go adventuring in the woods. Learn some tracking and survival skills by using compasses and creating a geocache site. Play Camouflage, Manhunt, and other outdoor activities while being outdoors and soaking up with the Spring sun.
Jewelry Making with Ms. Pike	Want to create your own jewelry, or make gifts? Join the Jewelry Making Club to create one of a kind items!
Chess Club with Mr. Marcil	Kings and Queens... Knights and Bishops... whether these terms are familiar to you, or sound like a puzzle to figure out, Chess Club is the spot for you!
Slow Fiddle Tunes with Mr. Farrow	Come join us as we learn fiddle tunes together! We'll start them slow and pick the tempo up as we get used to how each tune grooves. All instruments welcome but tunes are taken from the string band tradition so fiddles, banjos, guitar, and mandolins are encouraged.

BEAMS Session 4 ~ Sign-Up Form

FRIDAY PROGRAM OPTIONS:	
<p>Movies & Sketching with Ms. Manton</p>	<p>Let's wind down from a busy week with a movie and sketching. Relax and hang out with friends over a good movie and some free drawing. For those who like to multi-task and busy their minds and hands while watching, we'll have a variety of pencils, colored pencils, pens and markers to draw with while you enjoy the show.</p>
<p>Tabletop Tactics with Mr. Paterson</p>	<p>Looking for a better board game? In Tabletop Tactics, players of all skill levels gather to try out fun and exciting tabletop games in which strategy and luck are balanced for a gratifying gaming experience. What will you do on your next move?</p>

SPECIAL SATURDAY OPTIONS!	
<p><u>OPTION ONE: CPR Training with Rescue, Inc.</u> Saturday, May 11: 9:00 am to 12:00 pm (Class Held at BAMS)</p>	<p><u>OPTION TWO: BEAMS Goes to Boston Chinatown Adventure with Ms. Gao</u> Saturday, May 18: 8:15 am to 6:00 pm</p>
<p>The American Red CPR (Cardiopulmonary Resuscitation) class provides you with the information and the skills you need to help adults and children during a medical emergency. Are you interested in a career in medicine? Do you want to add more medical skills to your babysitting resume? Come join us in the MPR at BAMS to learn these lifesaving skills and leave with a CPR Certificate.</p>	<p>Have you enjoyed Chinese Cooking Class 101? We are looking for our Chinese cooking Beams Participants to go to Boston to enjoy the culture of Chinatown. Our trip will include a traditional Dim Sum meal, as well as a few stops at traditional shops. Everyone can register; however, priority will be given to students who have taken Chinese Cooking 101 two times this year.</p>

Important BEAMS Reminders:

- **The BEAMS Program runs Monday through Friday from 3:30-5:15 pm, unless otherwise noted. BEAMS programs *DO NOT RUN* during school cancellations, vacations, on early release days, or on teacher in-service days.**
- **ALL BAMS School Rules & Policies, as outlined in the Student Handbook, are in effect during BEAMS time. This includes no cell phone usage! Failure to follow school rules may result in removal from a program. Additionally:**
 - **Students who are assigned to Academic Extensions are welcome to register for BEAMS. However, it is expected that they will attend Extensions from 3:30 to 4:00, and join their program/club beginning at 4:00.**
 - **Students who are assigned a day of In-School Suspension are not eligible to attend BEAMS that day.**

BEAMS Session 4 ~ Sign-Up Form

Student Name: _____ Advisor: _____

Please be sure to complete the front and back of this form with your adult at home. It is required that the entire form be completed and signed in order to participate. Please return the completed form to the BEAMS mailbox located in the BAMS Main Office.

Session Choices:

Please read the program descriptions on the previous page and circle your choices below. Please label first and second choices (and so on) if you are interested in more than one program on the same day.

Monday	Tuesday	Wednesday	Thursday	Friday
Chinese Cooking 101	Homework Club	Mario Kart	Into the Woods	Movies & Sketching
Badminton	Animation Lab	Ropes Course	Jewelry Making	Tabletop Tactics
Come Fly with Me	BEAMS Picnic	Plant Detectives Club	Chess Club	
Magic, the Gathering	Dungeons and Dragons			

Saturday, May 11 ** CPR CERTIFICATION CLASS 9:00 am- 12:00 pm	**Saturday, May 18th BEAMS GOES TO BOSTON 8:30 am - Bus Departs BAMS 5:30 - 6:00 pm - Return to BAMS
---	---

Transportation:

_____ I or a trusted adult _____ will pick up my student.
(Name of Adult)

_____ My child will walk or bike home.

BEAMS Session 4 ~ Sign-Up Form

Parent/Guardian Permission Form

Please complete this entire page and return form to the BAMS front office.

Student Name:	Guardian Name:
Guardian Email:	Best Phone # <i>between 3:20 and 5:30 pm</i> :
Alternate Phone:	Emergency Contact: Name: _____ Relationship: _____ Phone: _____
Health Information: <i>Health Insurance Policy Name & Number:</i>	Important Health Information <i>(including allergies):</i>

Programming Permission:

I understand that certain risks are inherent in the types of activities in which my child will be participating. I hereby waive all claims against BAMS and its employees, subcontractors, and collaborating organizations in connection with injury or illness of my child. In case of a medical emergency, if I cannot be reached, I authorize my child to be transported to, and treated at, the nearest hospital at my expense.

We understand that by participating in BEAMS, students must follow all BAMS school rules and policies. Failure to follow these rules may result in removal from a program.

Parent/Guardian Signature: _____ Date: _____

Photo Release:

I grant BEAMS and its affiliates permission to use and/or publish photographs and videos of the above-named child in print or online for the purpose of promoting the achievements of participants in the BEAMS program. *(Initial choice below.)*

_____ YES - *with name*

_____ YES - *without name*

_____ NO